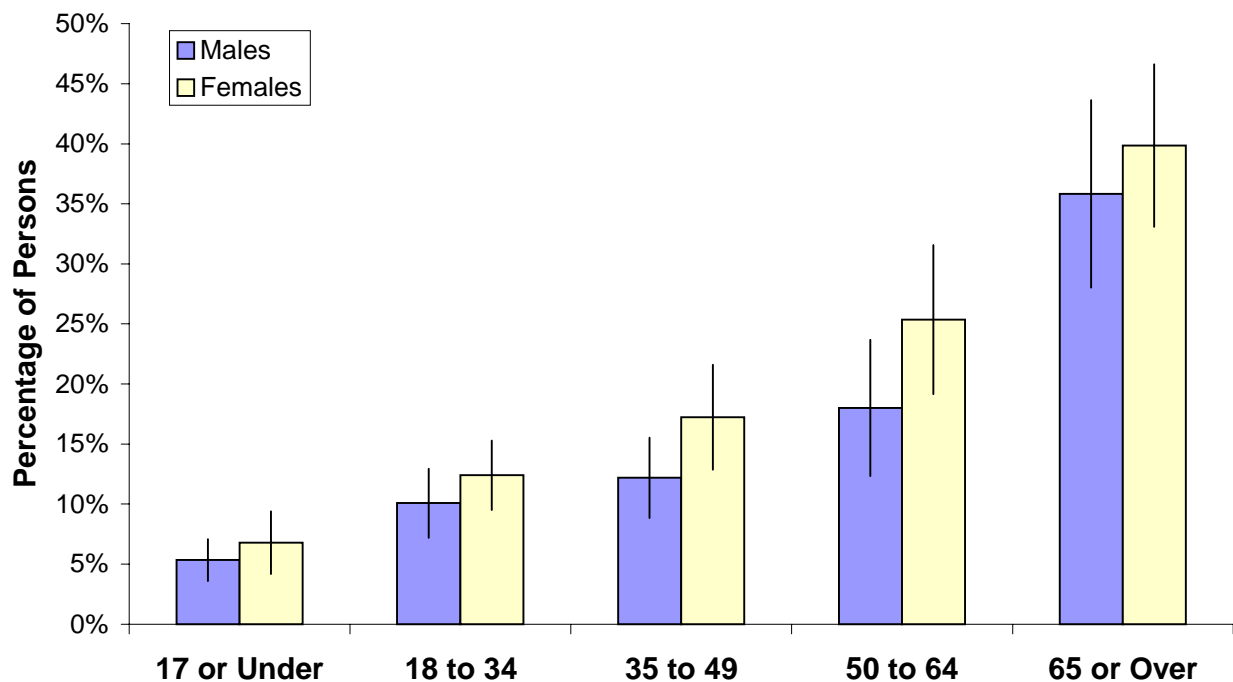# Health Status

Percentage of Persons Who Reported Fair or Poor Health Status by Age and Sex, Northwest Salt Lake Valley Community Residents, 1999

- Overall, 13.2% of survey respondents were reported to be in fair or poor health. This compares with 8.6% of persons statewide at the time of the 1996 Utah Health Status Survey[2].

- Persons who were age 65 or over (38%), and those in the Rose Park community (18%) were more likely to report being in fair/poor health.

- Persons in the Pacific Islander community (5.4%) were less likely than average to report fair/poor health.

General Health Status: Percentage of Persons Who Reported Fair or Poor Health Status (Question 6)
by Selected Demographic Characteristics, Northwest Salt Lake Valley Community Residents, 1999.

Demographic Subgroup	Northwest SL Valley Community Distribution		Survey Estimates of Respondents Who Reported Fair/Poor Health Status		
	Percentage Distribution	Number of Persons[1]	Percentage of Persons Who Reported Fair/Poor Health Status[2]	Number of Persons[1, 3]	Percentage Distribution of Persons Who Reported Fair/Poor Health Status by Category
General Health Status					
Excellent	22.9%	10,500			
Very Good	30.4%	13,900			
Good	33.4%	15,300			
Fair	10.6%	4,900			
Poor	2.7%	1,200			
Total, All Persons	100.0%	45,700			
Sex					
Males	49.6%	22,700	11.3% ± 1.5%	2,600	42.6%
Females	50.4%	23,000	15.3% ± 2.0%	3,500	57.4%
Total, All Persons	100.0%	45,700	13.2% ± 1.3%	6,000	100.0%
Age Group					
17 or Under	30.2%	13,800	6.1% ± 1.8%	800	11.6%
18 to 34	24.6%	11,200	11.2% ± 2.3%	1,300	18.8%
35 to 49	20.6%	9,400	14.5% ± 3.1%	1,400	20.3%
50 to 64	12.6%	5,800	22.0% ± 4.8%	1,300	18.8%
65 or Over	12.0%	5,500	38.2% ± 5.8%	2,100	30.4%
Total, All Persons	100.0%	45,700	13.2% ± 1.3%	6,000	100.0%
Sex and Age					
Males 17 and Under	15.3%	7,000	5.3% ± 1.7%	400	5.8%
Males 18 to 34	12.6%	5,800	10.1% ± 2.9%	600	8.7%
Males 35 to 49	10.6%	4,900	12.2% ± 3.4%	600	8.7%
Males 50 to 64	5.9%	2,700	18.0% ± 5.7%	500	7.2%
Males 65 and Over	5.1%	2,300	35.8% ± 7.8%	800	11.6%
Females 17 and Under	14.9%	6,800	6.8% ± 2.6%	500	7.2%
Females 18 to 34	12.0%	5,500	12.4% ± 2.9%	700	10.1%
Females 35 to 49	10.0%	4,600	17.2% ± 4.4%	800	11.6%
Females 50 to 64	6.7%	3,100	25.4% ± 6.2%	800	11.6%
Females 65 and Over	6.9%	3,100	39.9% ± 6.8%	1,200	17.4%
Total, All Persons	100.0%	45,700	13.2% ± 1.3%	6,000	100.0%
Community					
Jordan Meadows	13.4%	6,100	13.4% ± 3.6%	800	13.1%
Poplar Grove	24.8%	11,300	12.9% ± 2.7%	1,500	24.6%
Rose Park	18.9%	8,600	18.3% ± 4.2%	1,600	26.2%
State Fairpark	11.8%	5,400	13.3% ± 4.6%	700	11.5%
West Salt Lake	18.2%	8,300	11.0% ± 3.1%	900	14.8%
Westpointe	11.3%	5,100	9.8% ± 3.5%	500	8.2%
Other	1.7%	800	10.4% ± 9.2%	100	1.6%
Total, All Persons	100.0%	45,700	13.2% ± 1.3%	6,000	100.0%

General Health Status: Percentage of Persons Who Reported Fair or Poor Health Status (Question 6) (Continued from Previous Page)
by Selected Demographic Characteristics, Northwest Salt Lake Valley Community Residents, 1999.

Demographic Subgroup	Northwest SL Valley Community Distribution		Survey Estimates of Respondents Who Reported Fair/Poor Health Status		
	Percentage Distribution	Number of Persons[1]	Percentage of Persons Who Reported Fair/Poor Health Status[2]	Number of Persons[1, 3]	Percentage Distribution of Persons Who Reported Fair/Poor Health Status by Category
Hispanic Ethnicity					
Hispanic	40.0%	18,300	12.3% ± 2.6%	2,200	36.7%
Non-Hispanic	60.0%	27,400	13.9% ± 1.8%	3,800	63.3%
Total, All Persons	100.0%	45,700	13.2% ± 1.3%	6,000	100.0%
Race					
American Indian	2.5%	1,200	24.1% ± 15.7%	300	4.5%
Asian	5.1%	2,300	14.7% ± 7.4%	300	4.5%
Black	5.1%	2,300	14.7% ± 9.1%	300	4.5%
Pacific Islander	7.4%	3,400	5.4% ± 3.9%	200	3.0%
White	55.4%	25,300	14.8% ± 2.0%	3,700	56.1%
Other	29.4%	13,400	13.2% ± 3.5%	1,800	27.3%
Total, All Persons[4]	100.0%	45,700	13.2% ± 1.3%	6,000	100.0%

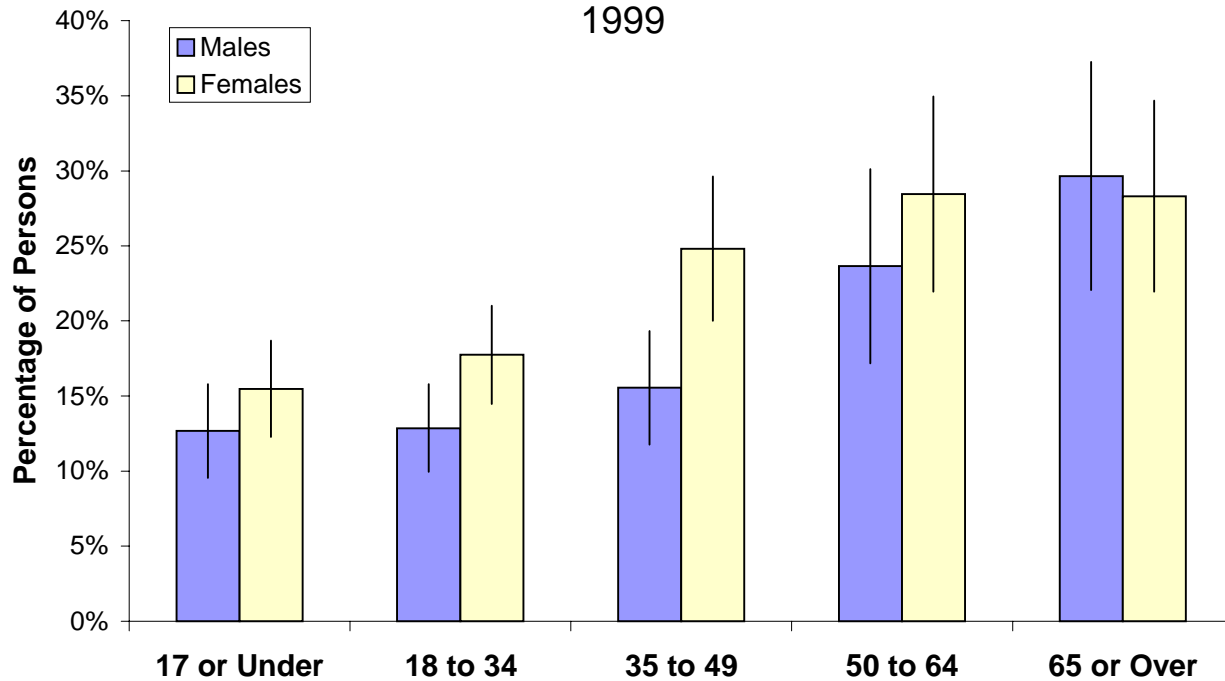1 Rounded to the nearest 100 persons.

2 Plus or minus 95% confidence interval

3 Figures in these columns may not sum to the total because of missing values on the grouping variables.

4 Figures in this row sum to greater than 100% because respondents were allowed to select multiple answers.

*** Sample size insufficient to produce population estimates

Percentage of Persons Who Reported Physical Health Was Not Good for Four or More of the Past 30 Days by Age and Sex, Northwest Salt Lake Valley Community Residents, 1999

- When asked how many of the past 30 days their physical health (including illness and injury) was not good, 28% of Northwest SL Valley community residents reported one or more, and 18% reported four or more days of "not good" physical health.

- Older persons (age 65 and over, 29%) were more likely to report four or more days, and persons in the Pacific Islander community (10%) were less likely to report four or more days of "not good" physical health.

- On average, adults in these Northwest SL Valley communities reported 3.1 days in the past month when their physical health was "not good." This compares with 3.2 days reported by Utah adults answering the BRFSS survey in 1999.

- Among adults, significantly fewer poor health days than average were reported by Asian (2.1), Pacific Islander (1.8), and Hispanic (2.5), and significantly more days were reported by Black (6.1), and residents of the Poplar Grove community (3.6).

Health Status: Percentage of Persons Who Reported Physical Health Was Not Good for Four or More Days in the Past 30 Days (Question 7)

by Selected Demographic Characteristics, Northwest Salt Lake Valley Community Residents, 1999.

Demographic Subgroup	Northwest SL Valley Community Distribution		Survey Estimates of Respondents Who Reported Physical Health Was Not Good for Four or More Days in the Past 30 Days		
	Percentage Distribution	Number of Persons[1]	Percentage of Persons Who Reported Physical Health Was Not Good for Four or More of the Past 30 Days[2]	Number of Persons[1, 3]	Percentage Distribution of Persons Who Reported Physical Health Was Not Good for Four or More Days in the Past 30 Days by Category
Physical Health Not Good					
No Days	71.6%	32,700			
1-3 Days	10.6%	4,800			
4-7 Days	8.9%	4,100			
8-29 Days	5.4%	2,500			
30 Days	3.6%	1,600			
Total, All Persons	100.0%	45,700			
Sex					
Males	49.6%	22,700	15.5% ± 1.9%	3,500	43.2%
Females	50.4%	23,000	20.2% ± 2.1%	4,600	56.8%
Total, All Persons	100.0%	45,700	17.8% ± 1.7%	8,100	100.0%
Age Group					
17 or Under	30.2%	13,800	14.1% ± 2.6%	1,900	22.1%
18 to 34	24.6%	11,200	15.2% ± 2.5%	1,700	19.8%
35 to 49	20.6%	9,400	19.9% ± 3.4%	1,900	22.1%
50 to 64	12.6%	5,800	26.2% ± 4.9%	1,500	17.4%
65 or Over	12.0%	5,500	28.9% ± 5.2%	1,600	18.6%
Total, All Persons	100.0%	45,700	17.8% ± 1.7%	8,100	100.0%
Sex and Age					
Males 17 and Under	15.3%	7,000	12.7% ± 3.1%	900	10.3%
Males 18 to 34	12.6%	5,800	12.9% ± 2.9%	700	8.0%
Males 35 to 49	10.6%	4,900	15.6% ± 3.8%	800	9.2%
Males 50 to 64	5.9%	2,700	23.7% ± 6.5%	600	6.9%
Males 65 and Over	5.1%	2,300	29.7% ± 7.6%	700	8.0%
Females 17 and Under	14.9%	6,800	15.5% ± 3.2%	1,100	12.6%
Females 18 to 34	12.0%	5,500	17.7% ± 3.3%	1,000	11.5%
Females 35 to 49	10.0%	4,600	24.8% ± 4.8%	1,100	12.6%
Females 50 to 64	6.7%	3,100	28.5% ± 6.5%	900	10.3%
Females 65 and Over	6.9%	3,100	28.3% ± 6.4%	900	10.3%
Total, All Persons	100.0%	45,700	17.8% ± 1.7%	8,100	100.0%
Community					
Jordan Meadows	13.4%	6,100	16.6% ± 4.1%	1,000	12.3%
Poplar Grove	24.8%	11,300	16.6% ± 2.8%	1,900	23.5%
Rose Park	18.9%	8,600	20.0% ± 4.2%	1,700	21.0%
State Fairpark	11.8%	5,400	15.6% ± 4.6%	800	9.9%
West Salt Lake	18.2%	8,300	17.2% ± 4.8%	1,400	17.3%
Westpointe	11.3%	5,100	21.3% ± 5.5%	1,100	13.6%
Other	1.7%	800	19.6% ± 13.5%	200	2.5%
Total, All Persons	100.0%	45,700	17.8% ± 1.7%	8,100	100.0%

Health Status: Percentage of Persons Who Reported Physical Health Was Not Good for Four or More Days in the Past 30 Days (Question 7)   (Continued from Previous Page)
by Selected Demographic Characteristics, Northwest Salt Lake Valley Community Residents, 1999.

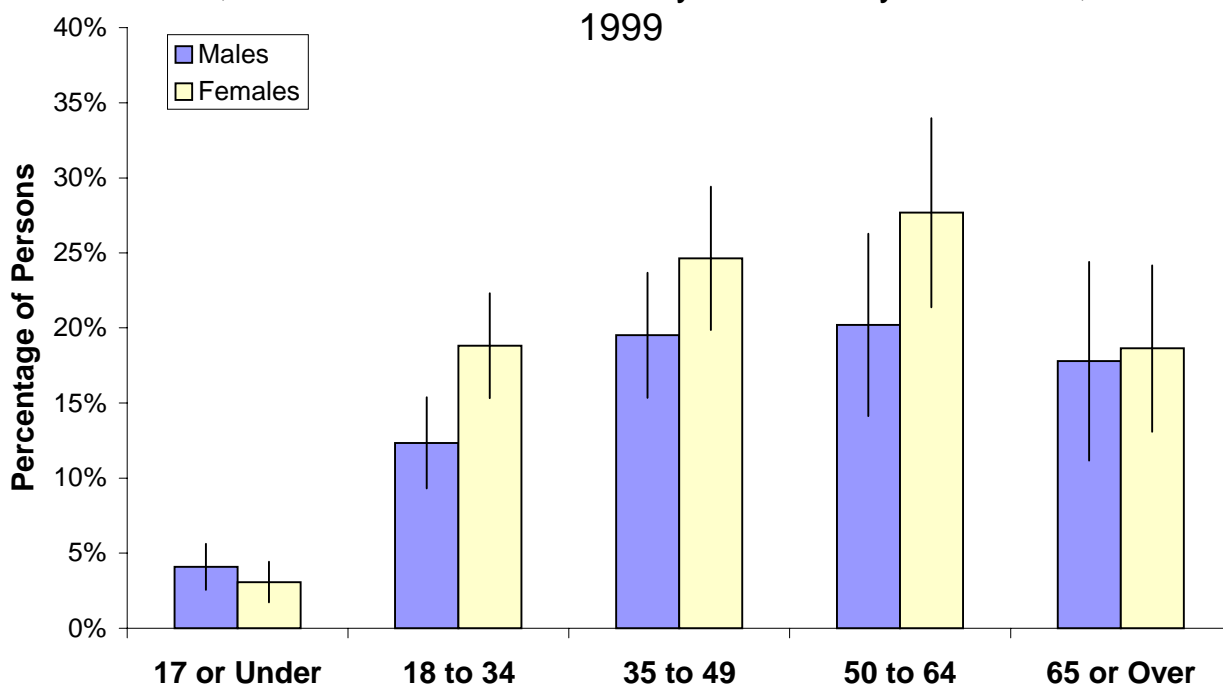| Demographic Subgroup	Northwest SL Valley Community Distribution		Survey Estimates of Respondents Who Reported Physical Health Was Not Good for Four or More Days in the Past 30 Days		
	Percentage Distribution	Number of Persons[1]	Percentage of Persons Who Reported Physical Health Was Not Good for Four or More of the Past 30 Days[2]	Number of Persons[1,3]	Percentage Distribution of Persons Who Reported Physical Health Was Not Good for Four or More Days in the Past 30 Days by Category
Hispanic Ethnicity					
Hispanic	40.0%	18,300	14.8% ± 2.6%	2,700	33.3%
Non-Hispanic	60.0%	27,400	19.8% ± 2.1%	5,400	66.7%
Total, All Persons	100.0%	45,700	17.8% ± 1.7%	8,100	100.0%
Race					
American Indian	2.5%	1,200	16.5% ± 12.5%	200	2.3%
Asian	5.1%	2,300	16.2% ± 8.9%	400	4.5%
Black	5.1%	2,300	27.6% ± 9.1%	600	6.8%
Pacific Islander	7.4%	3,400	9.9% ± 4.2%	300	3.4%
White	55.4%	25,300	20.8% ± 2.4%	5,300	60.2%
Other	29.4%	13,400	14.7% ± 3.1%	2,000	22.7%
Total, All Persons[4]	100.0%	45,700	17.8% ± 1.7%	8,100	100.0%

1 Rounded to the nearest 100 persons.

2 Plus or minus 95% confidence interval

3 Figures in these columns may not sum to the total because of missing values on the grouping variables.

4 Figures in this row sum to greater than 100% because respondents were allowed to select multiple answers.

*** Sample size insufficient to produce population estimates

Percentage of Persons Who Reported Mental Health Was Not Good for Four or More of the Past 30 Days by Age and Sex, Northwest Salt Lake Valley Community Residents, 1999

- The survey asked persons to report the number of days in the past 30 when their mental health (including stress, depression, and problems with emotions) was not good. Overall, 19% reported one or more days, and 13% reported four or more days when their mental health was "not good."

- Persons age 35 to 49 (22%) and age 50 to 64 (24%) were more likely to report "not good" mental health.

- On average, adults Northwest SL Valley communities reported 3.2 days in the past month when their mental health was "not good." This compares with 3.3 days reported by a sample of Utah adult respondents to the Behavioral Risk Factor Surveillance System survey in 1999.

- Among adults, significantly fewer poor mental health days than average were reported by Pacific Islander (2.0) and Hispanic (2.5) residents, and residents of the Rose Park community (2.3). Significantly more poor mental health days than average were reported by residents of the Poplar Grove community (4.2).

Health Status: Percentage of Persons Who Reported Mental Health Was Not Good for Four or More Days in the Past 30 Days (Question 8)
by Selected Demographic Characteristics, Northwest Salt Lake Valley Community Residents, 1999.

	Northwest SL Valley Community Distribution		Survey Estimates of Respondents Who Reported Mental Health Was Not Good for Four or More Days in the Past 30 Days		
Demographic Subgroup	Percentage Distribution	Number of Persons[1]	Percentage of Persons Who Reported Mental Health Was Not Good for Four or More of the Past 30 Days[2]	Number of Persons[1,3]	Percentage Distribution of Persons Who Reported Mental Health Was Not Good for Four or More Days in the Past 30 Days by Category
Mental Health Not Good					
No Days	81.5%	37,300			
1-3 Days	5.2%	2,400			
4-7 Days	4.2%	1,900			
8-29 Days	5.6%	2,600			
30 Days	3.5%	1,600			
Total, All Persons	100.0%	45,700			
Sex					
Males	49.6%	22,700	11.8% ± 1.6%	2,700	44.3%
Females	50.4%	23,000	14.9% ± 1.7%	3,400	55.7%
Total, All Persons	100.0%	45,700	13.3% ± 1.4%	6,100	100.0%
Age Group					
17 or Under	30.2%	13,800	3.6% ± 1.1%	500	7.5%
18 to 34	24.6%	11,200	15.5% ± 2.7%	1,700	25.4%
35 to 49	20.6%	9,400	21.9% ± 3.5%	2,100	31.3%
50 to 64	12.6%	5,800	24.2% ± 5.0%	1,400	20.9%
65 or Over	12.0%	5,500	18.3% ± 4.8%	1,000	14.9%
Total, All Persons	100.0%	45,700	13.3% ± 1.4%	6,100	100.0%
Sex and Age					
Males 17 and Under	15.3%	7,000	4.1% ± 1.5%	300	4.5%
Males 18 to 34	12.6%	5,800	12.3% ± 3.0%	700	10.4%
Males 35 to 49	10.6%	4,900	19.5% ± 4.2%	1,000	14.9%
Males 50 to 64	5.9%	2,700	20.2% ± 6.1%	500	7.5%
Males 65 and Over	5.1%	2,300	17.8% ± 6.6%	400	6.0%
Females 17 and Under	14.9%	6,800	3.1% ± 1.4%	200	3.0%
Females 18 to 34	12.0%	5,500	18.8% ± 3.5%	1,000	14.9%
Females 35 to 49	10.0%	4,600	24.6% ± 4.8%	1,100	16.4%
Females 50 to 64	6.7%	3,100	27.7% ± 6.3%	900	13.4%
Females 65 and Over	6.9%	3,100	18.6% ± 5.5%	600	9.0%
Total, All Persons	100.0%	45,700	13.3% ± 1.4%	6,100	100.0%
Community					
Jordan Meadows	13.4%	6,100	11.7% ± 3.3%	700	11.5%
Poplar Grove	24.8%	11,300	15.7% ± 3.0%	1,800	29.5%
Rose Park	18.9%	8,600	12.3% ± 3.5%	1,100	18.0%
State Fairpark	11.8%	5,400	13.5% ± 4.3%	700	11.5%
West Salt Lake	18.2%	8,300	11.6% ± 3.2%	1,000	16.4%
Westpointe	11.3%	5,100	14.0% ± 4.1%	700	11.5%
Other	1.7%	800	16.6% ± 12.1%	100	1.6%
Total, All Persons	100.0%	45,700	13.3% ± 1.4%	6,100	100.0%

1999 Salt Lake Valley Northwest Communities Health Status Report, Utah Department of Health

Health Status: Percentage of Persons Who Reported Mental Health Was Not Good for Four or More Days in the Past 30 Days (Question 8)   (Continued from Previous Page)
by Selected Demographic Characteristics, Northwest Salt Lake Valley Community Residents, 1999.

	Northwest SL Valley Community Distribution		Survey Estimates of Respondents Who Reported Mental Health Was Not Good for Four or More Days in the Past 30 Days		
Demographic Subgroup	Percentage Distribution	Number of Persons[1]	Percentage of Persons Who Reported Mental Health Was Not Good for Four or More of the Past 30 Days[2]	Number of Persons[1,3]	Percentage Distribution of Persons Who Reported Mental Health Was Not Good for Four or More Days in the Past 30 Days by Category
Hispanic Ethnicity					
Hispanic	40.0%	18,300	10.0% ± 1.9%	1,800	29.5%
Non-Hispanic	60.0%	27,400	15.6% ± 1.9%	4,300	70.5%
Total, All Persons	100.0%	45,700	13.3% ± 1.4%	6,100	100.0%
Race					
American Indian	2.5%	1,200	14.4% ± 13.3%	200	3.1%
Asian	5.1%	2,300	14.2% ± 8.1%	300	4.6%
Black	5.1%	2,300	10.8% ± 6.1%	200	3.1%
Pacific Islander	7.4%	3,400	10.1% ± 5.3%	300	4.6%
White	55.4%	25,300	16.3% ± 2.2%	4,100	63.1%
Other	29.4%	13,400	10.7% ± 2.5%	1,400	21.5%
Total, All Persons[4]	100.0%	45,700	13.3% ± 1.4%	6,100	100.0%

1 Rounded to the nearest 100 persons.

2 Plus or minus 95% confidence interval

3 Figures in these columns may not sum to the total because of missing values on the grouping variables.

4 Figures in this row sum to greater than 100% because respondents were allowed to select multiple answers.

*** Sample size insufficient to produce population estimates